## STUDENT LUNCH

Grades K-5 \$2.50

Grades 6-12 \$3.00

ALA CARTE' \$2.25

**ICHABOD CRANE HOME OF THE RIDERS LUNCH MENU FOR SEPTEMBER 2017 MIDDLE and ELEMENTARY SCHOOLS** 

ALA CARTE'	<u>\$2.25</u>	MIDDLE and ELEMENTARY SCHOOLS			
<u>MILK</u>		4th -8th grades			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	September 5	September 6	September 7	September 8	
	Italian Cheese Pizza	Hot Dog on a bun	French Toast Sticks	Chicken Nuggets	
	Green Beans	French Fries	with Syrup	Brown Rice	
	Chilled & fresh fruit	Vegetarian Beans	Sausage or Egg Patty	Broccoli	
		Chilled & Fresh Fruit	Fresh Baby Carrots		
			Chilled & Fresh Fruit	Chilled & Fresh fruit	
	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted Skim & 1% Milk	
		Deli Day			
September 11	September 12	September 13	September 14	September 15	
Italian Cheese Pizza	Pasta with Meat Sauce	Turkey or Ham w/Cheese	Grilled Cheese	Chicken Patty	
Broccoli	Green Beans	4 Bean Salad	Tomato/Chicken Noodle	on a Bun	
Chilled & Fresh fruit	Bread & Butter	Lettuce, tomato, Chips	Soup	Lettuce, Tomato	
	Chilled & Fresh fruit	chilled & fresh fruit	Peas & Carrots	Tator Tots	
			Chilled & Fresh Fruit	Chilled & Fresh Fruit	
Assorted skim or 1% Milk	Assorted skim or 1% milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1%	
Contombor 10	Contombor 10	Taco Salad	Contombor 21	Contombor 22	
September 18	September 19	September 20	September 21	September 22	
Italian Cheese Pizza California Blend	Chicken Caesar Wrap	Spicy Beef Tortilla Chips	Hamburger or CH Burger	General Tso Chicken	
	Romaine Lettuce	Refried Beans	on a Bun	Brown Rice Broccoli	
Chilled & Fresh fruit	Potato Chips	Lettuce, tomato, cheese Salsa, Corn	Lettuce, tomato French Fries	Chilled & fresh fruit	
	Baby carrots Chilled & Fresh fruit	Chilled & fresh fruit	chilled & fresh fruit	Crimed & fresh fruit	
Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	
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September 25	September 26	September 27	September 28	September 29	
Italian Cheese Pizza	Meatball Subs	Chicken Queso Pizza	Fish Sticks	Chicken Nuggets	
Broccoli	Potato Chips	or Burrito	Macaroni & Cheese	Smiley Fries	
Chilled & Fresh Fruit	baby carrots	Salsa, Sour Cream	Green Beans	Carrots	
	Chilled & Fresh fruit	Corn	Chilled & Fresh Fruit	Chilled & Fresh Fruit	
		Chilled & fresh fruit			
Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	Assorted skim or 1% Milk	
	Assorted skim or 1%Milk				
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