

ALA CARTE' **\$3.00**
MILK **\$2.50**
ICE CREAM **\$0.50**
 \$0.60

**ICHABOD CRANE
HOME OF THE RIDERS
LUNCH MENU FOR OCTOBER 2017
HIGH SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>October 2 PopCorn Chicken Mashed Potato & Gravy Green Beans Dinner roll chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 3 Chicken Queso Pizza Corn salsa, sour cream guacomole chilled and fresh fruit Assorted Skim & !% Milk</p>	<p>October 4 Grilled Cheese Tomato or Chicken Soup 3 Bean Salad chilled and fresh fruit Assorted Skim & ! % Milk</p>	<p>October 5 Meatball Sub Potato chips Fresh carrots chilled and fresh fruit Assorted skim or 1% Milk</p>	<p>October 6 Italian Pizza California Blend chilled and fresh fruit Assorted skim or 1% Milk</p>
<p>October 9 COLUMBUS DAY NO SCHOOL</p>	<p>October 10 General Tsao Chicken Vegetable Fried Rice EggRoll chilled and fresh fruit Assorted Skim & 1 % Milk</p>	<p>October 11 Baked Potato Bar Broccoli & Cheese cheese sauce & bacon Sour Cream chilled and fresh fruit Assorted skim or 1% Milk</p>	<p>October 12 Brunch For Lunch French Toast Sticks Cheese Omelet Sausage chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 13 Italian Pizza Green Salad chilled and fresh fruit Asst. Skim & 1% Milk</p>
<p>October 16 Chicken Nuggets Rice Glazed Carrots chilled and fresh fruit Assorted Skim & 1 % Milk</p>	<p>October 17 Sausage & Peppers or Hot Dog Mac & Cheese Baked Beans chilled and fresh fruit Assorted Skim & 1 % Milk</p>	<p>October 18 Crispy Chicken Caesar Wrap Potato Chips chilled and fresh fruit Assorted Skim & 1 % Milk</p>	<p>October 19 Italian Pizza Green Salad chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 20 SUPERINTENDENT CONFERENCE DAY NO SCHOOL</p>
<p>October 23 Chicken Tenders French Fries chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 24 Taco Salad Beef or Chicken chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 25 Sub Day Pasta Salad Potato Chips chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 26 Pulled Pork or Fish Sandwich Mac & Cheese Fresh Carrots chilled and fresh fruit Assorted Skim & 1% Milk</p>	<p>October 27 Italian Pizza Green Salad chilled and fresh fruit Assorted Skim & 1% Milk</p>
<p>October 30 Chicken Patty Tator Tots Lettuce & Tomato chilled and fresh fruit Assorted Skim & 1 % Milk</p>	<p>October 31 EARLY DISMISSAL NO LUNCHES SERVED</p>			

Find our Menus at
www.ichabodcrane.org

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AND EMPLOYER**