

ALA CARTE' **\$3.00**
MILK **\$2.50**
ICE CREAM **\$0.50**
 \$0.60

**ICHABOD CRANE
HOME OF THE RIDERS
LUNCH MENU FOR SEPTEMBER 2017
HIGH SCHOOL**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| | September 5 PopCorn Chicken Mashed Potato & Gravy Green Beans Dinner Roll Chilled & Fresh Fruit Assorted Skim & !% Milk | September 6 Grilled Cheese Tomato or Chicken Soup 3 Bean Salad Chilled & Fresh Fruit Assorted Skim & ! % Milk | September 7 Meatball Sub Potato chips Fresh carrots Chilled & Fresh Fruit Assorted skim or 1% Milk | September 8 Italian Pizza California Blend Chilled & Fresh Fruit Assorted skim or 1% Milk |
| September 11 Chicken Patty or Chicken Parm on a bun Smiley Fries Chilled & Fresh Fruit Assorted Skim & 1% Milk | September 12 Queso Pizza corn sour cream & guacamole Chilled & Fresh Fruit Assorted Skim & 1 % Milk | September 13 Baked Potato Bar Broccoli & Cheese cheese sauce & bacon Sour Cream Chilled & fresh fruit Assorted skim or 1% Milk | September 14 Brunch For Lunch French Toast Sticks Cheese Omelet Sausage Chilled & Fresh Fruit Assorted Skim & 1% Milk | September 15 Italian Pizza Green Salad Chilled & Fresh Fruit Asst. Skim & 1% Milk |
| September 18 Chicken Nuggets Rice Glazed Carrots Chilled & fresh Fruit Assorted Skim & 1 % Milk | September 19 Hot Dog on a Bun Mac & Cheese Baked Beans Chilled & Fresh Assorted Skim & 1 % Milk | September 20 Crispy Chicken Caesar Wrap Potato Chips Chilled & Fresh Fruit Assorted Skim & 1 % Milk | September 21 Hamburger or Ch. Burger Macaroni Salad Lettuce & Tomato Chilled & Fresh Fruit Assorted Skim & 1% Milk | September 22 Italian Pizza Green Salad Chilled & Fresh Fruit Assorted Skim & !%Milk |
| September 25 Chicken Tenders French Fries Chilled & Fresh Fruit Assorted Skim & 1% Milk | September 26 Lasagna Rollups Green Beans Garlic Bread Chilled & Fresh Fruit Assorted Skim & !% Milk | September 27 Sub Day Pasta Salad Potato Chips Chilled & Fresh Fruit Assorted Skim & 1% Milk | September 28 Chicken Broccoli Alfredo Celery & Carrots Dinner Roll Chilled & Fresh Fruit Assorted Skim & 1% Milk | September 29 Italian Pizza Green Salad Chilled & Fresh fruit Assorted Skim & 1% Milk |
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Find our Menus at
www.ichabodcrane.org

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