

January 2018

Dear Parents/Guardians:

The first stage of many diseases begins with a cold. Handwashing is the best way to prevent the spread of disease. As a safeguard to themselves and the other students, a child should be kept at home if he/she shows any of the following symptoms:

1. Flushed face or other sign of high temperature
2. Running nose, cough, sneezing
3. Sores around the mouth
4. Skin rash or peeling
5. Swollen glands

Please keep the school informed as to any contagious disease your child may have.

Whenever your child is absent, please call the attendance office.

**Children will be excluded from school for the following:**

1. Temperature of 100 or above
2. Suspected head lice, live lice or nits (lice eggs)
3. Suspected scabies and/or unidentifiable skin rash
4. Suspected conjunctivitis (pink eye)
5. Suspected impetigo (infected sore)
6. Vomiting
7. Diarrhea

Parents or guardians will be notified, when possible. We will call someone listed on the **Emergency Card** when unable to reach parent or guardian. Please have a plan in place for transportation for your child to be taken home. **\*Children will not be allowed to return home on the school bus when they are ill.**

**\*Students should not return to school until the symptoms (such as vomiting, diarrhea, and fever) have subsided for a full 24hrs.**

**If your physician has prescribed an antibiotic, they may return when they have received a full 24 hr. dose of the medication. Students who have been sent home with any signs of a skin rash, pink eye or impetigo should return with a doctor note stating they are “non - contagious and may return to school.”**

Your cooperation will be appreciated. Please call me if you have any questions or concerns 518-758-7575, ext 5041. Thank you.

Sincerely,

Jo-Ellen Estabrook-Pollack RN  
ICC School Nurse Coordinator